



Breakfast

Served daily from 7.30am - 11.45am

Smoothie bowls	120
Peanut bomb Granola, coconut, flaxseeds, peanut butter yoghurt, dates, apple & honey	
Berry bomb Berry yoghurt, chia, banana, goji, honey & granola	
Raw energy bowl ^v	125
Oats, dates, banana, almond milk, apple, peanut butter, cranberries & seeds	
Summer breakfast bowl	128
Smashed avo, salsa, hummus, chickpeas, grilled halloumi & toast	
+ 1 poached egg	138
The fruit bowl	115
Mango or papaya (seasonal), yoghurt, honey, chia seeds & toasted almonds	
Baked green apple	118
Stuffed with sweet almond, thick yoghurt, honey, cinnamon & pecan nuts	
Granola bowl	118
Fresh fruit salad, thick yoghurt & honey	
Egg on toast	79
+ Add bacon	109
Piggy breakfast	145
2 eggs, bacon, sausage, pan-fried mushrooms, 2 rostis, grilled tomato & toast	
Avo smash	155
With sourdough, smoked salmon, 2 poached eggs & Hollandaise sauce	
Green omelette Caprese	105
+ Add bacon	135
BLT	105
On toasted croissant with mayo & mozzarella	
+ Add free range chicken	145
Vegan brekkie ^v	135
Sourdough, avo, smoked carrot salmon, tofu & pan fried mushrooms	
Flapjacks	105
4 butter flapjacks, berry compote, cocoa, fried banana, whipped cream, coconut & syrup	
+ Add bacon	135
French toasted croissant	115
Cream, honey, berry compote, chocolate sc & candied nuts	
+ Add bacon	145
Smoked salmon bagel	115
Cream cheese, avo & capers	
Something on toast	
Fresh smashed avo, cherry tomatoes & flaxseeds	85
Real anchovies, basil pesto, tomato & mayo	105
Sticky pork belly	155
With 1 poached egg, spinach, hollandaise & rostis	

