



Breakfast

Served daily from 7.30am - 11.45am

Smoothie bowls	120
Peanut bomb Granola, coconut, flaxseeds, peanut butter yoghurt, dates, apple & honey	
Berry bomb Berry yoghurt, chia, banana, goji, honey & granola	
Raw energy bowl ^v	125
Oats, dates, banana, almond milk, apple, peanut butter, cranberries & seeds	
Summer breakfast bowl	128
Smashed avo, salsa, hummus, chickpeas, grilled halloumi & toast	
+ 1 poached egg	138
The fruit bowl	115
Mango or papaya (seasonal), yoghurt, honey, chia seeds & toasted almonds	
Baked green apple	118
Stuffed with sweet almond, thick yoghurt, honey, cinnamon & pecan nuts	
Granola bowl	118
Fresh fruit salad, thick yoghurt & honey	
Egg on toast	79
+ Add bacon	109
Piggy breakfast	145
2 eggs, bacon, sausage, pan-fried mushrooms, 2 rostis, grilled tomato & toast	
Avo smash	155
With sourdough, smoked salmon, 2 poached eggs & Hollandaise sauce	
Green omelette Caprese	105
+ Add bacon	135
BLT	105
On toasted croissant with mayo & mozzarella	
+ Add free range chicken	145
Vegan brekkie ^v	135
Sourdough, avo, smoked carrot salmon, tofu & pan fried mushrooms	
Flapjacks	105
4 butter flapjacks, berry compote, cocoa, fried banana, whipped cream, coconut & syrup	
+ Add bacon	135
French toasted croissant	115
Cream, honey, berry compote, chocolate sc & candied nuts	
+ Add bacon	145
Shakshuka bowl & egg	115
Peppers, onion, spice, arrabiata, feta & parmesan	
+ Add bacon	145
Something on toast	
Fresh smashed avo, cherry tomatoes & flaxseeds	85
Real anchovies, basil pesto, tomato & mayo	105
Creamy mushroom & parsley	88
+ Add egg	98
Pan fried Kippers	145
With sweet corn fritters, 1 poached egg, Hollandaise sauce & spinach	
Breakfast wrap	135
Scrambled eggs, bacon, avo & cheddar	
With sweet potato fries or marinated beetroot	
Sticky pork belly	155
With 1 poached egg, spinach, hollandaise & rostis	



Lunch

Served daily from 12.15pm - 5.30pm

Chardonnay Deli BBQ burger (Beef / free range chicken / vegan) with melted cheese & hand cut wedges	145
Free range chicken mayo wrap With a side of your choice + Add avo	128 148
Vegan chicken mayo wrap ^v With a side of your choice + Add avo	128 148
Veggie wrap With avo, feta & butternut, hummus with a side of your choice	145
Vegan roti with tzatziki With curried potato & chickpeas with a side of your choice	145
Charcuterie sharing board Hand selected cheese & cured meats with preserves	295
Spring rolls & dipping sauce Ask waiter for todays offering	99
Soup of the day with toast + Add cheesy sarmie	75 130
Smoked salmon bagel With cream cheese, avo, capers & lettuce with a side of your choice	155
Falafel bowl ^v With brown rice, roasted aubergine, salsa, avo, hummus & falafel balls	145
Bali bowl ^v Roasted butternut, slaw, fried tofu, chickpeas, avo, brocolli, black rice, peanut sauce, coriander & pickled ginger	145
Homemade pies or quiches With a side of your choice	125
BLT On toasted croissant with mayo & mozzarella + Add free range chicken	105 145
Sticky pork belly With spinach & hand cut wedges	165
Health salad With avo (seeds, cabbage, tomato, cucumber, beetroot, butternut, salad, cranberries, onion) + Add roast chicken, smoked salmon or falafel	105 160
Seafood penne With bisque sauce, fish, calamari, mussels & prawns	165
Lamb meatball penne With olives, spinach, arrabbiata & parmesan	155
Curry or casserole of the day Please ask your waiter	165
Creamy mushroom penne Lemon, parsley, cream & pan fried mushrooms	155

Something Sweet

Have a look at our cake selection in storez



Sandwiches

TAKEAWAY SANDWICH MENU

Fillings

Cheese	55
Cheese & tomato	60
Ham, cheese & tomato	79
Pesto, mozzarella & tomato	79
Bacon & cheese	82
Egg mayo	59
Chicken mayo	89
Chicken mayo & avo	99
Avo, butternut & feta	89

VEGAN OPTIONS

Fillings

Cheese	60
Cheese & tomato	65
Cheese, basil & tomato	79
Chicken mayo	89
Chicken mayo & avo	99
Avo, cheese & butternut	89
Falafel, avo & hummus	89

Extras

Substitute croissant	12
Substitute gluten free wrap	12
Handcut potato wedges	48
Sweet potato fries	48
Side salad	58

Bread Choices

Sourdough rye	
100% White sourdough	
Multiseed	
100% Rye	
Farmers soft white	
Ciabatta	
Gluten free	8
Banting	8
Bagel	12

